

Game Show: The choice is yours

Self-control is choosing to do what's best even when you don't want to.



Talk About the Bible Story

Open the Bible together and read Proverbs 12:18 or watch the video together on the Parent Cue app.

Engagement Questions

- Have you ever said something in anger that you didn't mean? What happened?
- What kind words do people say that build you up?
- What steps can you take to **think before you speak**?

Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



Prayer

"Dear God, thank You so much that when we follow You, You give us YOUR power to speak words that can help and words that can heal. This week, help us think before we speak. Help us say words that show Your love to others. We love You, and we pray these things in Jesus' name. Amen."

Weekly Parent Cues →

MEMORY VERSE

God's power has given us everything we need to lead a godly life.
2 Peter 1:3a, NlrV

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Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day, tell them about a time they encouraged you or someone else with their words.



Meal Time

At a meal this week, have everyone answer this question: "What has someone said to you that made you feel good? What has someone said to you that made you feel bad?"



Drive Time

While on the go, ask your kid: "Who is the most encouraging person you know?"



Bed Time

Pray for each other: "Jesus, when we are tempted to react to someone in an angry or hurtful way, help us to practice self-control and think before we speak. May we honor You and others in the way we respond."

More Ways to Engage with Your Kid

Faith & Character Activities



Worship Song of the Month



Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES



Elementary

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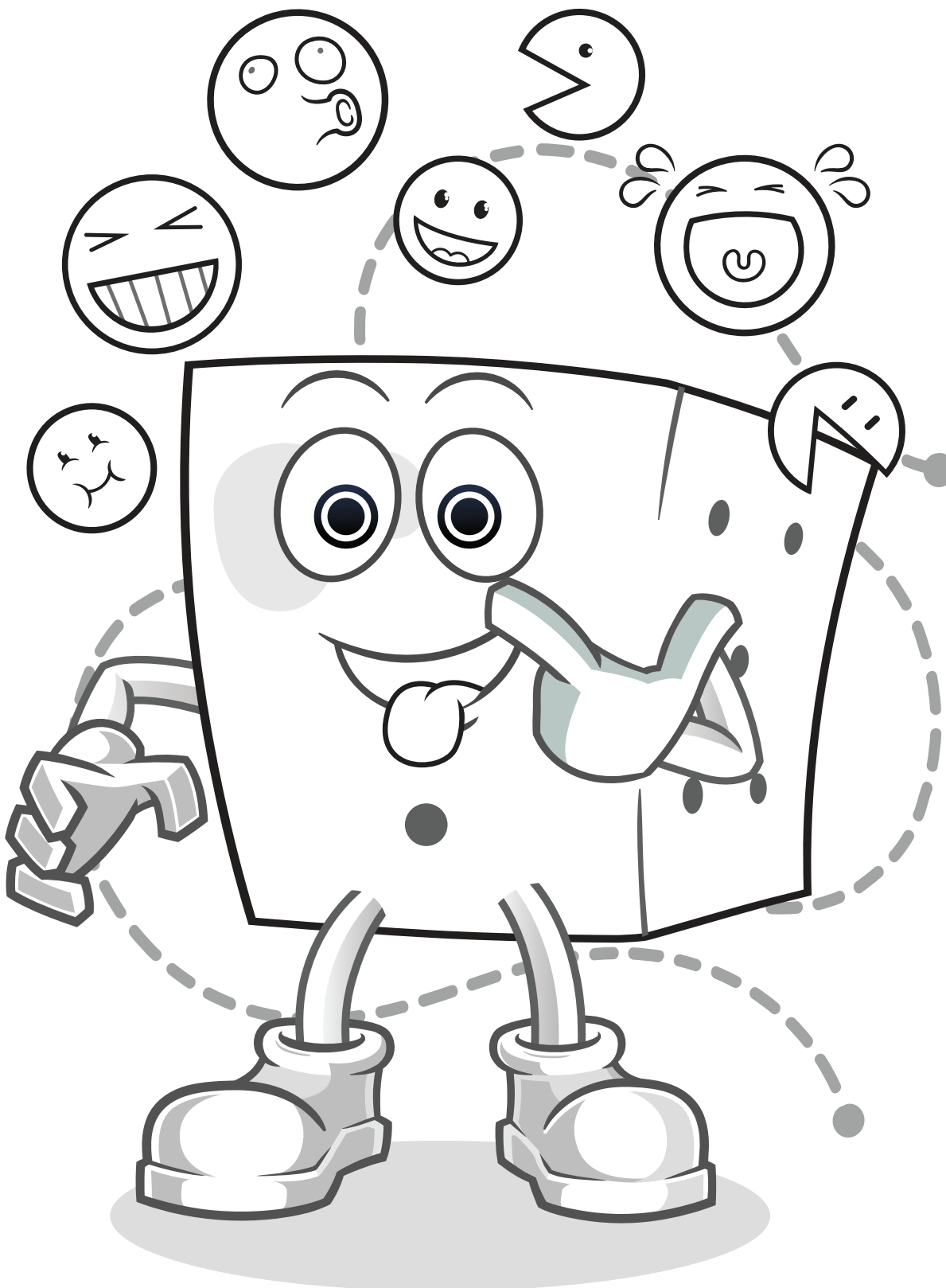


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**GOD'S POWER HAS GIVEN US
EVERYTHING WE NEED TO LEAD
A GODLY LIFE. 2 PETER 1:3A, NIRV**



OCTOBER 13 – WORD SEARCH

c x a c e c r s e l f g e x u v m g
h h a p h d o t d u w e s r k q c k
y p o f n r k n h k m r b p a f k h
n p n i o c i v t i q o p y i c q b
q b d t c s q s g r n x x s m r p q
b t q u u e d p t u o k i p c g i f
v k h p o y m h h l m l r e j n o t
j c y o r i g h t o i i i a x z v d
x l o w d c h w g y l k f k g u d j
e j c e w z z b e d q y e y g s r g
z k p r w d c u n a c t y t i z d g
k p x f x g t o h l c w l t c p c q

Find the words hidden vertically, horizontally,
backwards & diagonally throughout the puzzle.

GOD
POWER
HOLY
SPIRIT

SELF
CONTROL
RIGHT
ACT

SPEAK
THINK
CHRISTLIKE

Self-control is choosing to do what's best even when you don't want to.

DAY 1

Read Proverbs 13:3

Ever get a “talks too much” or “needs to work on controlling their words” on your report card? For some of us, talking just comes naturally. When we think of something we want to say, it's hard to keep our mouths closed. But talking out of turn can get you in trouble—and not just in the classroom.

It's not a bad thing to be a talkative person, but it isn't a good thing if you're the only one who ever talks. If you want to control your tongue and create friendships that are strong, you have to be a good listener too. It takes self-control!

Take a listening challenge. Look at the two questions below. When you see a friend tomorrow, before you start talking about yourself, ask your friend one of these questions first, and then LISTEN.

What is the best thing that's happened so far today?
What's the worst thing that's happened so far today?

DAY 2

Read Proverbs 21:23

Do you love trouble? Do you LIKE getting grounded or having a note sent home from your teacher about poor choices at school? NO WAY! No one likes to get in trouble. In fact, we like to stay AWAY from trouble, right?

The things you say can get you in trouble. Once you've said something hurtful, even if you didn't really mean it and even if you say you're sorry, it can't be unsaid. So it's better to think before you speak and select your words carefully. When you're careful about what you say, you'll stay out of trouble—and maybe keep yourself from getting grounded too.

On Repeat

Proverbs 21:23 is a GREAT verse to have in the back of your mind when you need it. Say this verse at least 10 times using different voices (soft, loud, fast, slow, opera style, rap etc.) until you have it memorized.

Read James 1:19

Did you have to hurry anywhere today? Maybe you hurried to . . .

- . . . catch the bus to school.
- . . . finish your homework to play.
- . . . grab your cleats and water bottle so you wouldn't be late for soccer practice.

When it comes to controlling our tongues, there is one thing we should always be in a hurry to do— LISTEN. When you listen, you always learn something. When we're quick to listen, it helps us to hear what the other person is feeling. When we're SLOW to speak, we give ourselves time to calm down before we lose our tempers!

Hop To It

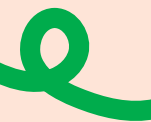
Grab some index cards or small pieces of paper and write the verse in phrases on the cards. Place them on the ground so that you can jump or hop from one card to the next. Walk over the phrases quickly or slowly as you repeat the verse.

Read Ephesians 4:29

Is there a "list" of words you're not allowed to say? If you say a word from the "list" in front of your mom or dad or your teacher, you'd probably get in BIG trouble! There are other words that you also should avoid. Do you know what they are? To help you figure it out, read through the questions below.

- ➔ Is it helpful?
- ➔ Is it something that's okay for my three-year-old brother to repeat?
- ➔ Would I say it to the principal at school or the president of the United States?
- ➔ Would I say it to Jesus if He were standing right in front of me?

If you answered "no" to any of these questions, then whatever it is that you want to say is better left unsaid. Careless or thoughtless words can ruin your relationships with others. Instead, use words that will build others up. Think before you speak so that others can trust that you are a good friend.



Think before you speak.