

Chapel Young Adult Series



Welcome!

We are so excited that you will be joining us for the “God’s Presence in Every Season” series. Each week, we will explore the story of Ruth, observing how God’s presence is evident throughout the seasons of life.

Our goal is to learn how to be deeply rooted in God so that we can experience His presence and provision, no matter what season we are in.

That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers.

—Psalm 1:3

Together, we will:

- Discover how God is present in every season, from times of waiting to times of provision.
- Learn what it means to be deeply rooted in God, even when His presence seems subtle.
- Celebrate the ways God is working in and around us and become a community that reflects His love and faithfulness.



Table Of Contents

PAGE 5

Revival Night: God's Presence in Every Season | Psalm 1:1-3

Explore how being rooted in God allows us to bear fruit in every season.

PAGE 6

Session 1: God's Presence in Every Season | Psalm 1:1-3

God ensures we bear fruit when we are rooted in Him, even when His presence feels distant, by practicing gratitude and reflecting on how He continues to work in our lives.

PAGE 8

Session 2: God's Presence in Seasons of Loss | Ruth 1:1-22

Learn how God's presence guides us back to hope and community in times of grief, just as He did with Naomi, by finding comfort in lament, prayer, and support from others.

PAGE 10

Session 3: God's Presence in Seasons of Provision | Ruth 2:1-23

See how God provides for our needs through the generosity of others, as He did for Ruth and Naomi, by trusting His provision and expressing daily gratitude for His faithfulness.

PAGE 12

Session 4: God's Presence in Seasons of Waiting | Ruth 3:1-18

Discover how waiting on God builds trust, as Ruth and Naomi trusted Him through uncertainty, by developing patience through prayer and fasting.

PAGE 14

Session 5: God's Presence in Seasons of Quiet Growth Ruth 4:1-12

Explore how God works behind the scenes, fostering growth even when the results are not immediately visible, by reflecting daily on His quiet work and celebrating small victories.

PAGE 16

Session 6: God's Presence in Seasons of Unexpected Faithfulness | Ruth 4:13-17

Celebrate how God's promises are fulfilled in unexpected ways, just as they were with Ruth, Boaz, and Naomi, by recognizing His faithfulness and creating a gratitude timeline throughout our history.

PAGE 18

Session 7: God's Presence in Seasons of Anticipation Ruth 4:18-22

Expect big - anticipate the fulfillment of God's promises with confidence and joy, as seen in the genealogy leading to Jesus, by living with expectation and journaling His promises.

Structure for each session

READ: Read the passage together. Highlight key events, themes, and aspects of God's presence that catches your attention.

REFLECT: Discuss your highlights and how they reveal God's character. Use the inductive or your preferred Bible study method to engage deeply with the passage.

KEY TRUTH: Summarize the main truth of the session that connects God's presence in a particular season of life.

GROWING DEEPER: Explore additional Scripture to help anchor our faith in the truth and reality of God's presence.

RESPOND: Share recent experiences or "God stories" where you have witnessed God's presence and goodness.

BREAKTHROUGH: Pray for specific areas in one another's lives where you're seeking God's presence and intervention.

WHAT'S YOUR NEXT STEP: Choose one or more of the next steps provided to strengthen your faith through practicing these spiritual disciplines throughout the week.







Introduction: Rooted in Psalm 1:3

Psalm 1:3 describes the righteous person as "like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers." This imagery of being planted and yielding fruit in every season serves as the foundation for our study through the book of Ruth. As we explore Ruth's story, we will see how being deeply rooted in God allows us to experience His presence and provision, no matter the season of life—whether it is a time of planting, loss, waiting, provision, quiet growth, hidden faithfulness, or anticipation. This study emphasizes that even when God's presence seems subtle (as in the Book of Ruth), He is always working in our lives, nurturing our growth, and bringing about His purposes.

Session 1: In Every Season

READ: Psalm 1:1-3

Psalm 1 describes the righteous person as a tree planted by streams of water, which yields its fruit in season. This image of being planted and bearing fruit serves as a metaphor for the life of faith. It reminds us that when we are rooted in God, we can bear fruit in every season of life, even when God seems silent. In the story of Ruth, God's presence may seem subtle, but His hand is at work through the faithful actions of Ruth, Naomi, and Boaz.

Key Truth:

God is present in every season of life, ensuring that we bear fruit when we are rooted in Him, even when His presence seems subtle.

REFLECT:

- The imagery of a tree planted by streams of water, yielding fruit in every season.
- Being rooted in God provides stability and nourishment, even in difficult or uneventful seasons.
- The connection between Psalm 1 and the book of Ruth, where God's presence is seen through faithful actions, and the fruit of His presence is clearly observed.

GROWING DEEPER:

John 15:5 – *“I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.”*

Jesus calls us to remain in Him, promising that we will bear much fruit if we are rooted in Him.

Jeremiah 17:7-8 – *“But blessed is the one who trusts in the Lord, whose confidence is in him. They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit.”*

Being planted in God allows us to bear fruit in every season, even when God seems silent.

RESPOND:

- ♦ Reflect on a time when God felt distant. How did you later see the fruit of His work in that situation?
- ♦ How do you stay rooted in God – even in challenging or quiet/uneventful seasons?

BREAKTHROUGH:

(Discuss the following and then pray together!):

What would it look like for you to be more deeply rooted in God's presence?

How can we pray for you to stay planted in Him, bearing fruit even in the silent seasons?

WHAT'S YOUR NEXT STEP?

- Daily Scripture Meditation** – Spend 10 minutes each day meditating on Psalm 1:3 or John 15:5, reflecting on being rooted in God.
- Gratitude Journal** – Write down three ways you have seen God's provision, even in seasons where He felt distant.
- Prayer Walk** – Take a walk and intentionally focus on praying for awareness of God's presence in your current season.
- Practice Accountability** – Find a partner who is willing to regularly ask you, "How are you staying rooted in God this week?"



Session 2: God's Presence in Seasons of Loss

READ: Ruth 1:1-22

Naomi experiences significant loss—the death of her husband and sons—and returns to Bethlehem in her grief. Ruth, her Moabite daughter-in-law, remains loyal and chooses to stay with her. Naomi feels that God is against her, saying, “The Almighty has dealt very bitterly with me.” But through her grief, God is quietly at work, leading Naomi back to community and hope, even though she cannot yet see it.

REFLECT:

- Naomi's grief and despair after losing her husband and sons.
- Contrast Orpah's decision to return to her people, with Ruth's loyalty to Naomi.
- Ruth's commitment to Naomi despite her own loss, and God's quiet but constant presence, leading Naomi back to her community.

GROWING DEEPER:

2 Corinthians 1:3-4 – *Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.*

God comforts us in our troubles, helping us to flourish and offer comfort to others.

Romans 8:28 – *And we know that in all things God works for the good of those who love him, who have been called according to his purpose.*

Being planted in God allows us to find hope and purpose, even in our seasons of loss.

Key Truth:

Even in seasons of loss, when we feel abandoned, God is present, guiding us back to hope and community.

RESPOND:

- ♦ Share a time when you experienced a loss (a loved one, object, opportunity, expectation, etc.). How did you get through it? How aware were you of God's presence?
- ♦ How has God's comfort during loss enables you to offer comfort to others.

BREAKTHROUGH:

(Discuss the following and then pray together)

Where do you need God's comfort in your life? How can we pray for you to experience His guidance through loss and lead you back to hope?

WHAT'S YOUR NEXT STEP?

- Lament in Prayer** – Practice a prayer of lament, expressing grief or loss, and ask God to bring you comfort.
- Community Outreach** – Intentionally comfort someone else experiencing loss by reaching out and offering support.
- Reflective Journaling** – Write about a past loss and how God brought hope through it.
- Accountability** – Commit to weekly check-ins with a trusted friend to share where you need God's comfort.



Session 3: God's Presence in Seasons of Lack

READ: Ruth 2:1-23

Summary: Ruth goes to glean in the fields of Boaz, following the biblical law in Leviticus 19:9-10, which allows the poor to gather leftover grain. Boaz notices Ruth's hard work and goes beyond what the law requires, showing generosity by ensuring her safety and provision. Through Ruth's dedication and Boaz's kindness, God's provision becomes evident, revealing His care for Ruth and Naomi in their time of need.

Key Truth:
God is present in seasons of provision, meeting our needs through His care, whether directly or through the generosity of others.

REFLECT:

- ♦ Ruth's initiative to find work and provide for Naomi and herself.
- ♦ Boaz's kindness and generosity in ensuring Ruth's safety and provision.
- ♦ God's provision through the ordinary means of work and the generosity of others.

GROWING DEEPER:

Philippians 4:19 – *And my God will meet all your needs according to the riches of his glory in Christ Jesus.*

When we are planted in God, we trust in His provision, knowing He meets our needs.

Matthew 6:31-33 – *“So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well.”*

Jesus teaches us not to worry, but to seek God's Kingdom first, trusting in His provision.

RESPOND:

- ♦ How have you experienced God's provision in your life, especially in times of need?
- ♦ Reflect on how you can trust God more fully to provide for your needs, even in uncertain times.

BREAKTHROUGH:

(Discuss the following and then pray together)

Where do you need God's provision in your life? How can we pray for you to trust in His care and see His provision more clearly?

WHAT'S YOUR NEXT STEP?

- Thankfulness Prayer** – Each day, thank God for one specific provision, big or small.
- Serve Others** – Actively seek ways to provide for others' needs, such as volunteering or helping a neighbor.
- Generosity Challenge** – Set aside time or resources this week to bless someone anonymously.
- Provision Reflections** – Journal about times when God provided unexpectedly and how that grew your trust in Him.



Session 4: In Every Season of Waiting

READ: Ruth 3:1-18

Ruth approaches Boaz at the threshing floor, asking for his protection. Ruth and Naomi wait, trusting in God's timing and His provision. Boaz responds to Ruth's request, and God's presence becomes evident through this season of uncertainty and waiting.

REFLECT:

- ♦ The vulnerability and risk Ruth takes in approaching Boaz.
- ♦ The uncertainty and hope as Ruth and Naomi wait for Boaz's response.
- ♦ God works through periods of waiting to build trust and reliance on Him, even when we don't know the next step.

GROWING DEEPER:

Isaiah 40:31 – *But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint.*

Being planted in God gives us the strength to wait on His timing, trusting that He is working.

Romans 8:25 – *But if we hope for what we do not yet have, we wait for it patiently.*

Waiting with hope is an act of faith, trusting in God's perfect timing.

Key Truth:

God is present in every season of waiting, providing hope and assurance even when the outcome is uncertain.

RESPOND:

- ♦ Share a time when you had to wait for an answer from God. How did it test or build your faith?
- ♦ What lessons did you learn from a season of waiting that could encourage others?

BREAKTHROUGH:

(Discuss the following and then pray together)

Where do you need God's patience and hope as you wait for His timing?

How can we pray for God's presence to sustain you during this season?

WHAT'S YOUR NEXT STEP?

- Prayer of Patience** – Begin each day with a prayer asking God for patience and hope during your season of waiting.
- Fasting** – Choose a day to fast from something (food, social media, etc.) as a way to focus on trusting God's timing.
- Worship in the Waiting** – Set aside time each day to worship God, focusing on His faithfulness rather than your circumstances.
- Write a letter** – Write a letter to your future self about how God's faithfulness sustained you in past seasons of waiting.



Session 5: In Every Season of Quiet/ 'Behind the scenes' Growth

READ: Ruth 4:1-12

Boaz steps forward as the kinsman-redeemer, securing Ruth's future and preserving Naomi's family line. While much of God's work in their lives has been quiet and behind the scenes, He has been steadily at work, growing their hope and redeeming their situation. Like a seed growing unseen, God's presence is at work even in seasons of quiet growth.

REFLECT:

- ♦ Boaz's role as a kinsman-redeemer and how it transforms Ruth's and Naomi's lives.
- ♦ The way God works in the background, fostering growth and change, nurturing lives even when the results are not immediately visible
- ♦ The assurance that God is nurturing growth in our lives, often in quiet, unseen ways.

GROWING DEEPER:

Philippians 1:6 – *Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.*

God nurtures growth in us, even in quiet seasons where His work isn't immediately visible.

Mark 4:26-27 – *He also said, "This is what the kingdom of God is like. A man scatters seed on the ground. Night and day, whether he sleeps or gets up, the seed sprouts and grows, though he does not know how."*

Jesus often spoke of the Kingdom of God growing quietly, like a seed that sprouts and flourishes.

Key Truth:

God is present in every season of quiet growth, steadily nurturing and developing our lives even when we don't see immediate results.

RESPOND:

- ◆ In what area of life have you experienced the most growth this year?
- ◆ What challenges or situations have contributed to your personal or spiritual growth, even if they were difficult?

BREAKTHROUGH:

(Discuss the following and then pray together)

Where do you need to trust in God's quiet growth in your life?

How can we pray for God to help you recognize and trust in His steady work?

WHAT'S YOUR NEXT STEP?

- Daily Reflection** – Set aside 5 minutes at the end of each day to reflect on where you see quiet growth in your life, even if it's small or unnoticed.
- Scripture Study** – Read Philippians 1:6 and Mark 4:26-27 each morning, asking God to show you how He is working behind the scenes.
- Celebrate Small Wins** – Take time to celebrate small victories or growth, even if they seem insignificant. Share them with a friend or in our group.



Session 6: In Every Season of Unexpected Faithfulness

READ: Ruth 4:13-17

Ruth and Boaz marry, and God blesses them with a son, Obed, who becomes the grandfather of King David. Naomi's journey from bitterness to joy is complete as she holds her grandson, a sign of God's unexpected faithfulness. Even when she felt abandoned, God was working behind the scenes to bring about His promises.

REFLECT:

- ♦ Naomi's journey from bitterness to joy as a testament to God's unexpected faithfulness.
- ♦ The birth of Obed as a quiet but significant fulfillment of God's promises.
- ♦ How God's faithfulness is often unexpected in the everyday events of our lives, yet it is always at work.

GROWING DEEPER:

Romans 8:28 – *And we know that in all things God works for the good of those who love him, who have been called according to his purpose.*

God's faithfulness often works behind the scenes, hidden in the ordinary moments of our lives.

Hebrews 13:5 – *Never will I leave you; never will I forsake you.*

John 14:18 – *I will not leave you as orphans; I will come to you.*

In Christ, we see the ultimate example of God's faithfulness, working through every detail to fulfill His promises.

Key Truth:

God is present in every season of unexpected faithfulness, working to bring about His promises, even when we don't expect it.

RESPOND:

- Reflect on a time when you later recognized God's unexpected faithfulness in your life.
- How can we support each other in trusting God's faithfulness, even when it's not immediately visible?

BREAKTHROUGH:

(Discuss the following and then pray together!)

Where do you need to trust in God's faithfulness?

How can we pray for you to recognize and rely on His work in your life?

WHAT'S YOUR NEXT STEP?

- Faithfulness Prayer** – Pray daily for eyes to see God's hidden faithfulness in your life. Write down one example each day where you see God at work.
- Faithfulness Testimony** – Share a story of God's unexpected faithfulness with someone else to encourage their faith.
- Create a Gratitude Timeline** – Draw a timeline of your life and mark points where God's faithfulness was evident, even if you did not see it at the time.
- Faithfulness Encouragement** – Write an encouraging note or message to someone going through a tough time, reminding them of God's hidden work.



Session 7: In Every Season of Anticipation

READ: Ruth 4:18-22

The book of Ruth concludes with a genealogy connecting Ruth's son, Obed, to King David, and ultimately to Jesus. This points to God's sovereign plan, fulfilled not only in the lives of Ruth and Naomi but also in the coming Messiah. Unlike waiting, which involves uncertainty, anticipation is filled with hope and expectation, knowing that God's promises will be fulfilled.

REFLECT:

- The significance of the genealogy that connects Ruth's story to the lineage of Jesus. (See Matthew 1:1-6, about 1000 years later)
- The joy and confidence that comes from knowing God's promises are being fulfilled, even if we haven't seen the full outcome yet.
- How living in anticipation of God's promises shapes our choices, attitudes, and actions as we await their fulfillment.

GROWING DEEPER:

Matthew 1:21-23 – *She will give birth to a son, and you are to give him the name Jesus, because he will save his people from their sins. All this took place to fulfill what the Lord had said through the prophet: 'The virgin will conceive and give birth to a son, and they will call him Immanuel' (which means 'God with us').*

Jesus is the ultimate fulfillment of God's promise, the embodiment of "God with us."

John 1:14 – *The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth.*

God's presence, revealed in Jesus, fills us with hope as we trust in His promises for our future.

Jesus is the ultimate fulfillment of God's promise, the embodiment of "God with us."

Key Truth:

God is present in every season of anticipation, encouraging us to believe in His promises, trust in His faithfulness, and let Him transform our daily lives as we look forward to their fulfillment.

RESPOND:

- ♦ How does living in anticipation of God's promises affect your attitude and actions, especially as you approach the holiday season?
- ♦ Share a time when you felt excited or expectant about what God was doing in your life.

BREAKTHROUGH:

(Discuss the following and then pray together)

Where do you need to experience more of God's anticipation in your life?

How can we pray for you to live with eager expectation and let that anticipation shape how you move forward?

WHAT'S YOUR NEXT STEP?

- Hope Journal** – Write down promises from Scripture that you are anticipating God to fulfill in your life.
- Celebrate Progress** – Reflect on areas where God's promises are already being fulfilled and celebrate those moments.
- Living with Expectation** – Choose one area of your life where you need to shift from passive waiting to active anticipation, trusting in God's coming work.
- Write a Letter to God** – Write a letter expressing your hopes for the future, surrendering them to God's timing and provision.

