



DISCIPLESHIP

**Spiritual disciplines
practiced by
followers of Jesus**





WELCOME!

To be a disciple of Jesus, we must remain in Him. As He says in John 15:4–5, it’s our connection to Him that brings life and fruit. Real transformation doesn’t come from striving—it flows from relationship with Jesus. And yet, many of us have learned to approach spiritual disciplines like a checklist, quietly believing they make us more righteous or more accepted by God. As Titus 3:4–5 reminds us, we are saved not because of righteous things we have done, but because of God’s mercy, revealed through His kindness and love.

Wherever you’re coming from—whether you feel firm in your faith, spiritually dry, overwhelmed & lost, or simply curious—you are welcome here. This study isn’t about adding pressure or measuring performance. It’s an invitation to slow down and rediscover what it means to simply be with Jesus. Together, we’ll explore daily rhythms—not as obligations, but as pathways that help us remain connected to Him.

Over the next eight weeks, our hope is that you experience a deeper relationship with God through the practices of discipleship.

Together, we will:

- ♦ Make space in our busy lives to seek Jesus
- ♦ Trust He will do what only He can do — transform us
- ♦ Practice focusing on obedience rather than outcomes

**This is to my Father’s glory, that you bear much fruit,
showing yourselves to be my disciples.**

— John 15:8



TABLE OF CONTENTS

Discussion Guidelines – Page 4

Structure for Each Session – Page 5

Opening Session - Page 6

A disciple is marked by faithfulness and everyday obedience

Session 1: Prayer – Page 8

Remaining in God through daily conversation and communion with Him

Session 2: Studying the Word— Pg. 10

Letting God's voice shape and refine us from the inside out

Session 3: Solitude & Silence— Pg. 12

Withdrawing from all that distracts to be fully present with our Father

Session 4: Fasting — Pg. 14

Fasting as a practice of desiring God above all else

TABLE OF CONTENTS

Session 5: Generosity— Pg. 16

Releasing control, and trusting God as our source of all provision

Session 6: Worship— Pg. 18

Reorienting our heart around God's worth and beauty

Session 7: Serving— Pg. 20

Reflecting the image of our servant king Messiah in the way we serve others

Session 8: Testimony— Pg. 22

Participating in His new creation by sharing our story

Appendix A: Recommended Reading — Pg. 24

DISCUSSION GUIDELINES

COME REGULARLY: Building a strong relationship with Jesus and others in your group begins with showing up consistently. Your presence matters—not just for you, but for the entire group. *Be present, not perfect—come as you are and be open to learning, growing, and encouraging one another along the way.*

PARTICIPATE: Your story and experiences reflect the character of God. Sharing what He is doing in your life helps others grow in their faith and deepens relationships within the group. *Listen actively and seek to understand before responding. Honor differences and recognize that everyone brings a unique perspective to the conversation.*

KEEP IT SAFE: We are all responsible for creating a space where everyone feels heard and loved. Give others room to share by listening well and responding with kindness. Avoid quick answers or judgments and focus on offering support and encouragement. *Let's be patient and gracious, understanding that spiritual growth takes time and everyone is on their own journey.*

CONFIDENTIALITY: What's shared in the group stays in the group. Protecting each other's honesty and vulnerability fosters trust and growth. *Respect and honor one another's stories with care and discretion.*

KNOW & BE KNOWN: Take time to listen and truly know one another. As you do, you'll have opportunities to pray, encourage, and see God's Kingdom advance in each other's lives. *Commit to praying for your group members throughout the week, trusting that God is at work in every season of life.*

Note for Group Leaders: *If a serious concern arises—such as harm to a person or a need for further pastoral care—encourage the individual to seek support from a pastor or bring it to a pastor's attention yourself. Ensuring safety and care is a priority for our community.*

STRUCTURE FOR EACH SESSION

KEY TRUTH:

Each session highlights a core truth that shows how Jesus meets us where we are — whether in failure, uncertainty, waiting, or struggle — and calls us forward in faith.

READ:

Engage with the Scripture passages, underline or highlight parts of the passages that you feel the Holy Spirit is bringing to your attention.

REFLECT:

Discuss with your group ways that the passages of Scripture are highlighting aspects of God's nature and share some ways in which it relates to you today.

RESPOND:

Share personal experiences and insights related to the session's theme. Consider practical ways to apply what you've learned and prepare your heart for prayer.

BREAKTHROUGH (Let's Pray Together):

Pray for one another, asking God to meet us where we are. Invite the Holy Spirit to bring encouragement, healing, and boldness as we cast our cares on Him and receive His peace.

NEXT STEPS:

Choose practical ways to apply what you've learned this week — whether through personal reflection, encouraging someone else, or taking a step of faith.

SESSION ONE

Prayer

READ :

Luke 11:1-4

REFLECT:

Teach us to Pray: In Luke 11, the disciples come to Jesus with a simple yet profound request: “Lord, teach us how to pray”. This is the only recorded moment in the Gospels where we see the disciples directly asking Jesus for instruction. They witnessed Jesus heal the sick, cast out demons, and preach the Gospel; yet they recognize that the source of Jesus’s life and ministry was through His communion with the Father. They understood prayer wasn’t just an add-on to ministry — it was the foundation of it.

Prayer is far more than presenting requests to God; it’s relational connection and consistent communication with Him. In prayer, we are invited to partner with the Father, aligning our hearts with His purpose.

Jesus’s Example: If anyone had ever been qualified to do life and ministry on their own, it was Jesus — Son of God, Word made flesh, Messiah. Yet, when we look at the life of Jesus, we see Him consistently withdrawing to pray. In John 5:16-20, Jesus reveals that He never ministered independently. He only did what the Father was doing. He recognized where God was moving and, in partnership, joined Him.

Jesus prayed in every season of life: when crowds pressed in and praise mounted (Luke 5:15-16), before major decisions (Luke 6:12-13), in the moments of grief and sorrow (John 14: 10-13), in agony in the garden of Gethsemane, and as He faced the suffering of the cross (Mark 14:32-34).

He didn’t pray from a place of obligation or duty; prayer was the lifeline of abiding in relationship with His Father, our Father.

When we pray, we don’t need to worry or hurry. We are invited to wait on God and align our hearts with His, with confidence He is always working. The result is not always immediate answers or changed circumstances, but something deeper. Paul shows us in Philippians 4:7 that we will receive the perfect peace of God *“which transcends all understanding, will guard your hearts and your minds in Christ Jesus”*

Key Truth:

“Prayer is not persuading God. It does not influence God’s purpose. It is not winning God to our side. It is getting us to God’s side.”- S.D. Gordon

RESPOND (Discussion Questions):

1. What has prayer looked like in your life?
2. The disciples recognized Jesus's ministry was dependent on His relationship with the Father. What areas of your life feel more driven by striving or self-reliance rather than dependence on God?
3. What keeps you from seeking to regularly align your heart with God's? How can you intentionally create more opportunities to do so?

BREAKTHROUGH (Let's Pray Together!)

- ◆ Discuss the following and then pray together:
 - ◇ What would it look like for you to be dependent on continual conversation and prayer with God?
 - ◇ How can we pray for you for this to be a reality?
- ◆ **Get vulnerable:** So often when asked if we have prayer requests, we can find it more comfortable to ask for prayer for a family member, friend, or circumstance that is semi-distant. On your own, write down an area in which you, personally, need to see God more clearly. Declare "God, I trust you are moving in _____".

NEXT STEPS:

Study Jesus's example: Read the following scriptures and reflect on when Jesus prayed.

Mark 1:35- When exhausted after miracles and ministry

Luke 5:15-16- Amidst crowds and praise

Luke 6:12-13- In preparation of big decisions

John 14: 10-13- In immense grief

Mark 14:32-34- In sorrow and suffering

Ask for guidance: Like the disciples, ask Jesus: "Teach me how to pray." Don't feel pressure to fill the silence with words. Instead, pay attention to what comes to mind, and consider journaling your thoughts or prayers. If you're not sure where to start, begin with the Lord's Prayer in Luke 11.

SESSION TWO

Studying the Word

READ :

John 5:39-40

REFLECT:

Scripture points to Jesus: The Bible is not just a collection of ancient stories or spiritual wisdom and principles- it is one unified story revealing one person: Jesus. Written by human authors yet inspired by God, every part of scripture is intended to reveal who God is to us. Jesus says in John 5 that all Scripture points to Him, yet it is possible to study the Scripture and still miss the invitation to truly know Him. From Genesis to Revelation, the Bible reveals what is true about God, humanity, and the world we live in. It answers the deepest questions of identity and purpose while inviting us into the story of redemption and new creation through Jesus.

Transformation, not information: The word of God was never meant to be approached merely as information, instruction, or a religious box to check. In Joshua 1:8, Israel was told to meditate on God's word day and night, allowing it to shape the way they lived. As we read Scripture, we are not simply gathering knowledge about God—we are encountering Him personally. Real transformation comes when we approach reading the Bible to encounter Jesus personally, intimately allowing Him to see our heart, and align it to His.

Many of us approach scriptures more like a textbook than a love letter. Dietrich Bonhoeffer wrote, "The Word of Scripture should never stop sounding in your ears and working in you all day long, just like the words of someone you love." When we read with openness, humility and surrender, every page becomes an opportunity to know God more deeply. We don't just gain knowledge, but we are transformed into His image and begin to reflect the love, truth, and life of Jesus in the world.

Key Truth:

"We cannot know
His will if we are
ignorant of His word"

- A.W. Pink

RESPOND (Discussion Questions):

1. Why do you study scripture? For information on how to live or for revelation of who Jesus is?
2. Hebrews 4:12 says the Word of God is “living and active”— Can you think of a time when a passage spoke directly to a situation you were in and either challenged, encouraged or transformed you?
3. As you have read the Bible, how has God revealed himself to you—as Father? Friend? Provider? Healer? Something else?

BREAKTHROUGH (Let’s Pray Together!):

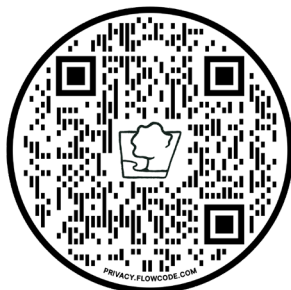
- ◆ Discuss the following and then pray together:
 - ◇ Which aspects of God’s character do you most need Him to reveal to you right now — Father, friend, provider, healer, comforter, or something else?
 - ◇ Join your group members in praying that God would speak through His word to reveal himself.

NEXT STEPS:

Scripture engagement: Read a portion of scripture and ask the Holy Spirit to reveal Jesus to you. Ask Him to also show you where you see yourself in the story.

Watch a Bible Project video:

<https://bibleproject.com/videos/the-story-of-the-bible/>



Daily bread: Invite a friend to join you in reading one Psalm each day for the next month.

SESSION THREE

Solitude & Silence

Key Truth:

“The man who would truly know God must give time to Him”- A.W. Tozer

READ :

Exodus 14:10-16

REFLECT:

Intentionally set time apart for Him: Solitude and silence are practices of stepping away from noise, distractions, and busyness to be alone with God, creating space to listen, reflect, pray, and become more aware of His presence. It's not withdrawal for the purpose of escape, but rather invitation into deeper communion. It's a practice that forms trust, restores perspective, and teaches us to delight in the Lord above the demands of this world.

Choose to be still: In a world full of constant noise, distraction, and activity, solitude can feel unfamiliar and even uncomfortable. Yet throughout Scripture, we see Jesus regularly withdrawing to be alone with the Father. Solitude creates space to quiet the noise around us, so we can become aware of the deeper longings within us and hear the voice of the only One who can satisfy them.

Our culture teaches us to produce, control outcomes and define our success by our own achievements. But when the Israelites stood trapped at the edge of the Red Sea, surrounded by their enemies on all sides, God's instruction was clear- ***“The Lord will fight for you; you need only be still.”*** Solitude invites us to silence our human nature of striving and instead gives us space to trust God's leadership. In stillness, we learn that peace is not found in control, but surrender.

Fix our gaze on Jesus: When we reorient our hearts to the presence of God and fix our gaze on him, the anxieties and ambitions competition for our attention begin to lose their grip. David expressed the same longing when he wrote of the one desire of his heart in Psalm 27 when he wrote that the one thing he desired most in this life was to “dwell in the house of the Lord” and “gaze on the beauty of the Lord.” As we behold Jesus, our hearts are transformed to reflect Him.

RESPOND (Discussion Questions):

1. Have you ever intentionally taken time to be alone with God without other people or distractions? How was your experience?
2. Do you find solitude or silence more difficult? Is it harder to get away to be alone, or to intentionally leave space for God to speak in silence?
3. Do you have a favorite place to enjoy solitude that you would be willing to share with others?

BREAKTHROUGH (Let's Pray Together!):

- Discuss the following and then pray together:
 - ◇ What is the biggest distraction that prevents you from spending intentional time in silence with God?
 - ◇ Pray together, asking Jesus to gently quiet those distractions and draw your heart back to His presence.

NEXT STEPS:

Intentional Solitude: Take one slow walk this week without distraction (without another person, podcast, or playlist). Ask the Spirit “How do you want to meet me today?” Listen more than you speak.

First Fruits: Give the first ten minutes of each day this week to sit quietly in God’s presence. If you feel led, read a short Psalm or breathe a simple prayer “Jesus, let your peace rule my heart today”

SESSION FOUR

Fasting

READ :

Isaiah 58:5-7

REFLECT:

Isaiah 58 shows how fasting (*not eating food for a determined period of time*) can quickly be distorted from its true value. Israel prided themselves on their holiness by fasting, yet continued in injustice, pride, and self-centered living. The fasting God desires is one that loosens oppression, releases the heart to silence the flesh, and leads to humility, care for others, and transformation.

That is the danger of fasting. Spiritual fasting can (1) make us feel spiritually superior, as if our discipline proves something about us or (2) it can make us spiritually humble, reminding us that we are weak, needy, dependent, and sustained by God.

Jesus gives a similar warning when He teaches His disciples not to fast for the attention or approval of others (Matthew 6:1, 16-18).

The fast God desires is not just about giving something up; fasting brings us closer to Jesus, the suffering Messiah. As Christians, we do not only meet God in His greatness and glory, in Christ, we also meet God in humility, weakness, suffering, and mercy... “participating in his sufferings” (Philippians 3:10), and “sharing in the sufferings of Christ” (1 Peter 4:13).

When we fast, we enter a small place of lack so we can meet Jesus there and minister to others from that same place of compassion.

That kind of fasting depletes us so we can better relate to those who live with hunger, lack, weakness, and need. As we feel hunger, we grow in compassion for the hungry. As we feel lacking, we become more aware of those who live without enough.

Fasting is not meant to make us feel spiritually superior. It is meant to make us spiritually humble, helping us relate to God in weakness and to others with compassion.

Key Truth:

“When I fasted, it was not to move God, it was to move myself into alignment with His will”-
T.L. Osborn

RESPOND (Discussion Questions):

1. Have you ever intentionally fasted food for the purpose of spiritually feasting on God? Did you find it difficult? Did you experience God's voice or presence?
2. As we read in Isaiah, spiritual disciplines can sometimes become about performance or completing tasks. Have you faced this reality? How can you approach fasting from a place of humility and relating to Jesus through suffering?
3. What are some things you look to for comfort, satisfaction, or control? How might fasting help them redirect your hunger and attention back towards the things of God?

BREAKTHROUGH (Let's Pray Together!):

- ♦ Discuss the following and then pray together:
 - ◇ Where do you need put your hope and trust in God instead of the things that bring comfort or control into your life?
 - ◇ How can we pray for you to experience dependence on Him more fully?

NEXT STEPS:

- Practice a simple fast:** Choose a meal, activity, or comfort this week to intentionally fast from, and use that time to pray, worship, or sit quietly with God.
- Let hunger become compassion.** Whenever you feel the ache of what you are fasting from, pray for people who live with hunger, need, grief, or lack.

Some people should not fast from food for medical, personal, or health-related reasons. That does not exclude you from this practice. You can fast from another comfort, habit, distraction, or form of consumption and use that space to seek God.

SESSION FIVE

Generosity

READ :

Mark 12: 41-44

REFLECT:

Generosity in Scripture: In Mark 12, Jesus watches people bring offerings to the temple treasure. Some gave large sums of money, but then a poor widow comes and offers two small coins- everything she had. Jesus responds by saying she have given more than all others because while they gave out of their abundance, she gave all she owned. Generosity in the Kingdom is not measured by amount, but by trust. Her giving revealed her heart through action, knowing God as provider and placing her trust in Him rather than money or self-sufficiency.

Generosity has always been about worship and surrender before it is about money. It is a posture of open-handed trust recognizing “God, everything I have comes from you.” Worship spends the most precious thing on the most worthy One. In the Kingdom, generosity is not reserved for spiritually mature believers — it is the everyday fruit of those who place their hope in Jesus.

A trust test: Generosity reveals where our confidence truly lies. Jesus invites us to live free from the fear of scarcity and the pressure to find our own security apart from Him. Everything we have has been entrusted to us by God, not earned independently from Him.

As children of God and heirs of His inheritance, we are invited to live open-handedly. When we give freely with a joyful heart, we partner with Him in bringing His Kingdom on earth as it is in Heaven.

Key Truth:

“When you do business with people you need money. When you do business with God, you need faith. Faith is the currency of the Kingdom of God” - Reinhard Bonnke

RESPOND (Discussion Questions):

1. What is a way you've experienced giving with a joyful heart?
2. How does the posture of the widow in Mark 12 reshape your understanding of worship through giving?
3. How has your upbringing shaped the way you view generosity? Did you have experience more of a scarcity mindset or abundance mindset? How does that impact the way you steward what you currently have?

BREAKTHROUGH (Let's Pray Together!):

- ◆ Discuss the following and then pray together:
 - ◇ Where is the Spirit inviting you to live more open-handed with the blessings God has given you?
 - ◇ How can we pray for you to trust in His care and see His provision more clearly?

NEXT STEPS:

- Thankfulness Prayer:** Each day, thank God for one specific provision, big or small.
- Provision Challenge:** Journal about times when God provided unexpectedly and how that grew your trust in Him.

SESSION SIX

Worship

Key Truth:

“Worship is not a moment; it’s a lifestyle of surrender.”
- Jack Hayford

READ :

Genesis 22:2-5 and Romans 12:1-2

REFLECT:

Created to Worship: From the beginning, humanity was created to live in communion with God, reflecting His glory and responding to Him with worship. Worship is not a single act of singing a song or expressing praise through music, it’s the continual surrender of our lives to God. It’s taking the focus off ourselves—our thoughts, desires, ambitions, and control—and placing God in His rightful place at the center of all things. Romans 12 describes worship as offering our whole selves to God as a “living sacrifice”. True worship is seen in the daily reorientation of our hearts, minds, and bodies toward Him who alone is worth.

In Genesis 22, Abraham refers to his act of obedience and surrender as worship. Before climbing the mountain to offer his “only son, whom he loved”, he tells his servants, we will worship.” Worship, then, is not dependent on emotions or things going well; it’s a posture of trusting God, even with our most precious things, not fully understanding what He will do with it. Worship is surrendering control, laying down what is most valuable to us, knowing God will be faithful.

Worship as a Lifestyle: A lifestyle of worship means everything we do and see is reshaped. As we continue to place God at the center, our hearts are freed from fear, anxiety, despair, and self-centered living. Worship lifts our eyes above what we currently see and our present circumstances and anchors us in the reality of God’s faithfulness, love, and power. Worship cannot be confined to a singular moment, but the daily offering of giving every part of our lives back to the One who gave them.

RESPOND (Discussion Questions):

1. What has your worship looked like in the past?
Do you find it hard to worship when walking through difficult seasons?
2. What are some things in your daily life that compete for your affection or attention? How can worship help reorient your heart and focus back to God?
3. Abraham's worship was expressed through surrender and trust, even though he didn't fully know the outcome of God's plan. Is there any area of your life where God is inviting you to trust him with outcomes right now?

BREAKTHROUGH (Let's Pray Together!):

- ◆ Discuss the following and then pray together:
 - ◇ Where do you need to surrender and trust God in worship, even without fully knowing the outcome of His plan?
 - ◇ How can we pray for you to worship in this season of waiting?

NEXT STEPS:

- Practice daily worship:** Set aside time each day this week to worship God—not just through music, but through prayer, surrender, or simply reflecting on who He is.
- Worship through trust:** Ask the Lord to identify one area of fear, anxiety, or control in your life and place it before God in worship. Journal or express in prayer your trust in His faithfulness, even if your circumstances do not immediately change.
- In every circumstance:** The next time you experience frustration or stress, notice it, pause, and choose to worship first, declaring who God is in the midst of your circumstance.

SESSION SEVEN

Service

READ :

Luke 10:25-37

REFLECT:

Love God and love your neighbor: In Luke 10, a religious expert asks, “What do I have to do to inherit eternal life?” and later “Who is my neighbor?” These questions were not ignorant, but from someone who already knew the law and had confidence in the “right” answer. Jesus responds without hesitation, centering everything on two simple and straightforward commands: Love God and love your neighbor.

Then He tells the story of the Good Samaritan—a shocking example for His original audience. Samaritans were outsiders, despised in Jewish culture, yet Jesus portrays the Samaritan, not the religious leaders, as the one who truly reflected the heart of God. The story exposed a deeper truth: Kingdom love crosses boundaries of status, ethnicity, comfort, and self-interest.

Freely we have received; freely we now give. At the heart of the Gospel is the reality that every one of us has fallen short of the glory of God. We are all like the wounded man on the roadside—helpless, broken, and unable to save ourselves. Yet Jesus, moved by mercy, came near to us when we could do nothing in return. Service begins here: not with striving to earn God’s approval, but by receiving His love and mercy ourselves. The more deeply we understand the compassion God has shown us, the more naturally compassion will flow from us toward others.

On earth as in Heaven: Service is not simply volunteering or doing good deeds—it is participating with Jesus as He restores and renews the world. It can sometimes be easy to serve those we love, and have community with, but much more uncomfortable for those we may not even like. We are called to see people not through the lens of usefulness, similar beliefs or social standing, but through the eyes of the King. Service costs us something: our time, comfort, resources, convenience, and sometimes even our reputation. Yet in giving ourselves away for the sake of others, we discover the deeper joy of partnering with God as Heaven breaks into earth. Serving others transforms us into a people who embody the mercy, generosity, and self-giving love of Jesus.

Key Truth:

“Being a Christian is less about cautiously avoiding sin than about courageously doing God’s will”
- Dietrich Bonhoeffer

RESPOND (Discussion Questions):

1. What is a time where you've served another who could give you nothing in return? How did that impact you?
2. In the story above, the people expected to reflect God's heart were the ones who passed by, while the outsider stopped to show mercy. What barriers—comfort, bias, busyness, fear, or self-interest—can keep us from truly loving our neighbor the way Jesus calls us to?
3. Serving others often costs us something: time, convenience, resources, or reputation. Which of these is the most difficult for you to sacrifice?

BREAKTHROUGH (Let's Pray Together!):

- ◆ Discuss the following and then pray together:
 - ◇ When you think of “looking out for the left out” and seeing someone who may feel alone, isolated, or in need, who is the first person that comes to mind?
 - ◇ How can we pray for you to show the love of Jesus to this person?

NEXT STEPS:

- Freely give:** Ask the Lord who you can intentionally serve this week by freely giving what you have received from Him—without expecting anything in return.
- See a need:** Pray that God would open your eyes to one practical need around you at work, school, or in your neighborhood, and step in to meet it with joy.
- A step to serve:** Reach out to a ministry at your local church campus and ask if you can shadow, observe, or try serving in a one-time opportunity.

SESSION EIGHT

Testimony

READ :

Joshua 4:4-9

REFLECT:

Throughout Scripture, people of God are called to not only remember, but share (testify) to what God has done for them. In Joshua 4, after forty years, Israel crossed the Jordan River into the Promise Land. The Lord instructs them to gather twelve stones of remembrance to build a memorial so future generations could ask *“What do these stones mean?”* Israel’s story was always meant to point beyond themselves to the love, faithfulness, and power of God.

*“He did this so all the peoples of the earth
might know the hand of the Lord is powerful and so
that you might always fear the Lord your God”*
Joshua 4:24

Our testimony shows us that we are part of the larger story. God didn’t just save us from something (brokenness, sin, death), but He rescued us to something — participating in His restoration and new creation in the world.

Not just for us: While our testimony anchors us in how God has been faithful before and will be faithful again, it’s not just for us. You don’t need to be a scholar or ministry leader to share your testimony. You don’t need to have big, dramatic stories to share. You can simply share about the ways you have been transformed by the presence of Jesus.

Not by our own power or might: In Acts 1:8, Jesus tells His followers they will receive power through the Holy Spirit and become witnesses. When we share our stories, empowered through the Holy Spirit, these testimonies become living reminders that the Kingdom of God is not distant — it is already breaking into the world in ordinary lives here and now.

Key Truth:

“Light yourself on fire
with passion and people
will come from miles to
watch you burn”
- John Wesley

RESPOND (Discussion Questions):

1. Have you ever shared your story of God's presence and love in your life with another person? How did that go?
2. What are some "stones of remembrance" in your own life — moments where you've clearly seen God move, provide, or transform you?
3. How have fears or insecurities kept you from sharing what God has done in your life with others?
4. Who are people you are feeling nudged, even now, to share your testimony with?

BREAKTHROUGH (Let's Pray Together!):

- ◆ Discuss the following and then pray together:
 - ◇ When you think of sharing your testimony, what is the area that gives you the most pause in proclaiming God's faithfulness?
 - ◇ How can we pray for you to boldly share your story with others?

NEXT STEPS:

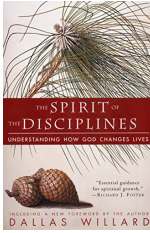
Practice sharing: Write down or record on a voice memo a 1-2 minute testimony of how Jesus met you with His love and how it changed your life.

Read the testimony of another:

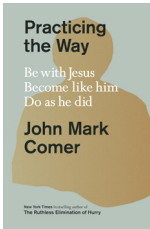
- ◆ *Serving others: Corrie Ten Boom: The Hiding Place*
- ◆ *Evangelism: Reinhard Bonnke: Living a Life of Fire*
- ◆ *Missionary Work: Brother Andrew: God's Smuggler*

APPENDIX

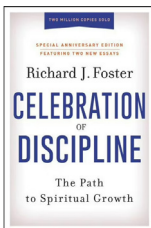
Suggested Reading



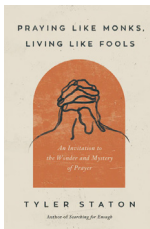
Spirit of Disciplines
by Dallas Willard



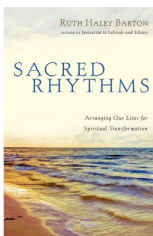
Practicing the Way
by John Mark Comer



The Return of the Prodigal Son
by Richard Foster



Praying like Monks, Living like Fools
by Tyler Staton



Sacred Rhythms
by Ruth Haley Barton



CHAPEL 
YOUNG ADULTS